Breastfeeding and stool and urine chart

Name:
Day and hour of birth:
Weight:

Circle/note the time of the feed
Circle/note the number of wet nappies, soiled nappies

Nappies in the first few days

Meconium-dark, blackish, sticky, stool
1st and 2nd day

Green stools
3rd and 4th

Yellow stool
4th day onwards

Urine
Day 1

Concentrated urine
Day 2

Urine
Day 3

Pale urine
Day 4 onwards

Example day 4

This baby has fed 9 times, has soiled 3 nappies and wet 5 nappies

Day 1

Day 2

Day 3

Day 4

This baby has fed 9 times, has soiled 3 nappies and wet 5 nappies