Breastfeeding and stool and urine chart

Name:
Day and hour of birth:
Weight:

Circle/note the time of the feed
Circle/note the number of wet nappies, soiled nappies

Nappies in the first few days
- Meconium-dark, blackish, sticky, stool 1st and 2nd day
- Green stools 3rd and 4th
- Yellow stool 4th day onwards

Urine
- Pale urine Day 3
- Concentrated urine Day 2
- Urine Day 1
- Urine Day 3
- Pale urine Day 4 onwards

Example day 4
This baby has fed 9 times, has soiled 3 nappies and wet 5 nappies

Day 1
This baby has fed 9 times, has soiled 3 nappies and wet 5 nappies

Day 2
This baby has fed 9 times, has soiled 3 nappies and wet 5 nappies

Day 3
This baby has fed 9 times, has soiled 3 nappies and wet 5 nappies

Day 4
This baby has fed 9 times, has soiled 3 nappies and wet 5 nappies